

Palmetto Plus™

Science-based supplement for men that supports long-term prostate health*

Optimizers: Endocrine

Health Basics

- Designed for men concerned with maintaining sound prostate function*
- Contains a unique blend of saw palmetto, lycopene, and soy isoflavones from standardized botanical extracts

Did You Know?

- Saw palmetto extract is clinically shown to be effective in supporting prostate health.*



ITEM# 128

As men age, many are at risk for developing prostate problems. However, a healthy diet and exercise, coupled with targeted, standardized botanical extracts specifically formulated for prostate health, can help men stay healthy as they age.¹ **Palmetto Plus™** is an all-natural, comprehensive formula that, over time, may provide long-term support for prostate health.*



Cardiovascular
Cellular Metabolic
Skeleton/Structural
Endocrine
Brain/Nervous

Saw Palmetto

Saw palmetto has a long history of use in helping retain a healthy prostate. Considerable clinical research has shown that about 80 to 90 percent of men using saw palmetto show a positive correlation between saw palmetto and prostate health.^{2*}

Lycopene and Soy Isoflavones

Palmetto Plus is a combination of saw palmetto, lycopene, and soy isoflavones, which have been shown to assist in retaining prostate health.^{3*}

Lycopene is the most abundant carotenoid (vitamin-like compound) found in the prostate and may play a role in supporting a healthy prostate by enhancing immune function and providing antioxidant protection.³ Soy isoflavones, a group of phytochemicals found in soybeans, have been shown to help maintain health functions throughout the body.^{4*}

Why Palmetto Plus™?

USANA is one of only a few major manufacturers to combine saw palmetto with lycopene and soy isoflavones in a single product.

Palmetto Plus is a convenient, effective way to obtain a comprehensive men's health formulation at a reasonable price.*

DIRECTIONS: ADULT MEN TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL.

Supplement Facts

Serving Size 1 Capsule

	AMOUNT PER CAPSULE	%DV*
SAW PALMETTO EXTRACT (<i>SERENOA REPENS</i>) (FRUIT) STANDARDIZED TO CONTAIN A MINIMUM OF 85% FATTY ACIDS	320 mg	†
LYCOPENE (<i>SOLANUM LYCOPERSICUM</i>) FRUIT	5 mg	†
SOY ISOFLAVONES (<i>GLYCINE MAX</i>) (SEED)	25 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: GELATIN, GLYCERIN, SOYBEAN OIL, BEESWAX, PURIFIED WATER, SOY LECITHIN, NATURAL CARAMEL COLOR, TITANIUM DIOXIDE.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

Because the symptoms for Benign Prostatic Hyperplasia PH and prostate cancer are similar, you should report any prostate problems to your doctor.

References

1. Moyad MA. *Curr Opin Urol* 2003;13(2):137-45.
2. Boyle P, et al. *BJU Int* 2004;93(6):751-6.
3. Wiseman H. *Biochem Soc Trans* 1996;24(3):795-800.
4. Schroder FH, et al. *Eur Urol* 2005;48(6):922-3-1.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.